

The Role of Musical Aesthetics Education in Quality Education of Medical Colleges

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Abstract: Medical students should not only pay attention to the development of quality education, but also have certain artistic accomplishment, especially music quality education, which should be an important part of their students' quality education. From the relationship between quality education and music aesthetics, we can see that music aesthetics education can not only improve students' ability to experience life and understand society, but also lay a foundation for students to engage in the the music therapy.

1. Introduction

In recent years, the Department of Higher Education of the Ministry of Education has entrusted the Guiding Committee for Cultural Quality Education of Colleges and Universities to investigate the situation of humanistic education in some medical colleges and universities in China. Through the analysis of the results, we know that the current medical students very much hope to improve their humanistic accomplishment, with high-quality, high-level to obtain the widespread recognition of the medical community and all walks of life. With the gradual change of lifestyle and health concept, medical college education is facing unprecedented challenges and opportunities, and the demand for high-level medical and health personnel is also increasing. In any medical college, the level of social evaluation and acceptance depends on whether it can cultivate medical staff who can relieve the suffering of patients, bring spiritual comfort to patients and make contributions to medical academy. Medical students with comprehensive quality have more chances to become talents needed by patients, satisfied by the people and valued by the society. Therefore, it is imperative for medical colleges to carry out music aesthetic education to improve the level of medical students.

2. The Role of Music Aesthetic Education in Quality Education of Medical Students

2.1 Musical aesthetics education can cultivate medical students' sentiment and aesthetic emotion.

Higher medicine is a subject with special specialty and difficult learning in the course of medical students' general study. Because of this, medical students inevitably have greater pressure in their study and life, and at the same time, they have to give up some hobbies because of the lack of time and energy in life. Medical colleges and universities are cradles for training medical workers, and moral character is an important index for evaluating a doctor. Therefore, having a good mind and noble moral sentiment is the basic quality that medical students must possess. Music is the melting pot of pottery.

If medical students can stay in the environment which is influenced by music for a long time, they can not only nourish their souls and relax their bodies, but also enrich their interests and interests and arouse their pursuit of beautiful things and characters. In the aspect of quality cultivation, music aesthetic education plays an irreplaceable role. Music aesthetic education can cultivate medical students' aesthetic feelings, which is conducive to cultivating their sentiments, but also to enhancing

their ability to recognize and create beauty. Therefore, medical colleges should pay more attention to music aesthetics and take music aesthetics education as an important measure in quality education.

2.2. Musical aesthetics education can improve students' interpersonal skills

Interpersonal communication ability, also known as communication ability, refers to the ability to properly handle all kinds of relationships, including establishing extensive contacts with the surrounding environment, as well as absorbing external information, also correctly handle the upper and lower left-right relations. A study by Farrell of the University of Freiburg in Switzerland found that music could enhance students' communicative competence and professional and technical competence. Dr. Gorman of the United States is the initiator of the concept of "EQ". His research has proved that beautiful and noble music can change people's positive emotions, while the emotional system controls a large number of positive feelings in life, can reduce people's anxiety and tension in interpersonal communication. The improvement of interpersonal skills of medical students plays an important role in establishing good communication between doctors and patients, resolving contradictions between them, and building a harmonious relationship between them too.

2.3. Musical Aesthetics Education Can Improve Creativity

Noble moral sentiment and good soul are the basic qualities that medical students must possess. Music aesthetic education plays an irreplaceable role. Influenced by music with beautiful melody and noble taste for a long time, it can improve the ability of medical students to feel, appreciate, express and create beauty. Music education is conducive to the development of medical students' perception. Power, imagination, creativity and the ability to acquire new ideas constantly lay a good foundation for medical students; music can activate people's creative thinking, many scientists love music, because music has the function of activating creativity. Jenner, a British doctor who invented vaccination against smallpox in the 19th century, was a musician. Einstein, a famous scientist, is an excellent violinist and pianist. He believes that music and creation complement each other. Music plays an unimaginable role in his research and creation.

2.4. Music can regulate psychological state and treat diseases.

With the rapid pace of people's life and the increasing pressure, especially in the face of inadaptability to further education, employment and family life, some psychological pressure is generated. Through emotional education of music, students can relax and relax their psychology. Musical education can form a correct world outlook and life for medical students. Views and values are of great help. American scientists pioneered the music therapy during World War II by discovering that music can reduce the pessimism of wounded soldiers and reduce disease infection and mortality. Medical researches of recently show that music have a close relationship with human physiological and psychological health. It can improve sleep quality, immune level, memory, reduce anxiety and depression, and treat schizophrenia. It is helpful to the treatment of autistic children and the rehabilitation of mentally retarded children. Therefore, understanding music can help medical students to follow suit. It lays a foundation for the music therapy.

2.5 Musical aesthetics education is conducive to medical students facing the society and establishing correct values.

Medical students are in a critical period of world outlook, outlook on life and values. The emotions and ideas embodied in music works can be easily absorbed by medical students, and will have a profound impact on the formation of medical students' world outlook and healthy personality. Musical aesthetics is a subject that inspires human beings to create aesthetic inspiration and expand their thinking and judgment of the world around them. Through music aesthetics education, medical students can not only understand the historical and cultural background and the emotional theme expressed in the melody of music and art works, but also improve their aesthetic level, the comprehensive ability of discovering beauty and creating beauty. Because of this, music education is a good means for medical students to shape their thoughts, personality, cognitive society and

experience life. Musical aesthetics education is conducive to improving people's ideological understanding and moral sentiment, and to cultivating medical students' aesthetic interest, aesthetic consciousness and correct aesthetic judgment.

3. Measures to Strengthen Music Aesthetic Education in Medical Colleges and Universities

At present, there are still some differences between the quality education of students in medical colleges and universities in China and the international education. However, medical colleges and universities have higher requirements for quality education. In view of the current situation of quality education, the author believes that we should first seize the following points for innovation.

3.1 Musical Aesthetics Educational Thought Connecting with International Practice

Teachers' own qualities, ideas and professional visions are prerequisites for music aesthetic education. Their words and deeds are likely to be regarded as models for students to learn in the future. Meanwhile, teachers' ideas will have a profound impact on the formation of students' healthy personality. If we want to do a good job in medical education and music aesthetic education, as a medical educator, we should first have a correct, advanced and clear educational concept, guide students to experience the emotion of beauty correctly, and understand the relationship and difference between natural beauty, social beauty and artistic beauty. Music aesthetic education is a huge booster for quality education, which can provide more humanistic flavor for quality education. Only when educators first realize this point, can they gradually break away from the shackles of educational thought of tradition. At the same time, educators should bring this idea into the educational work, and strive to train students to become high-quality talents with musical aesthetic ability, compassion, patience, clear self-awareness and noble moral character.

3.2 Perfection of Music Aesthetic Education Teaching Equipment and Environment

The inadequate teaching facilities, lack of suitable places for various activities and lack of funds are one of the obstacles to the development of music aesthetic education in medical colleges. College leaders should further emancipate their minds, then change educational concepts, also renew teaching concepts, as well as attach importance to music aesthetic education, and increase their investment in it, also pay close attention to the construction of hardware facilities, together with gradually improving the teaching equipment of music aesthetic education so that students can be edified and influenced.

3.3 Selecting Teaching Contents Suitable for Medical Students

Compared with general and professional colleges, the music appreciation in medical colleges should have some choices in content. It should mainly enrich students' aesthetic experience. Among many teaching objectives, such as expanding knowledge, cultivating innovative ability and enhancing cooperative consciousness, the cultivation of students' aesthetic experience should be put in the first place. For medical students are a special group with high expectations of society and family, psychological quality of theirs directly affects attitudes of future work and personal outlook on life and values. Music education for medical students should strengthen students' positive experience of music and understanding of music, so that students can get the infection and moistening of beauty in music experience, so as to establish the pursuit of truth, goodness and beauty, and form a good outlook on life and values.

3.4 Diversification of Music Aesthetics Education Contents and Cultivation of Comprehensive Talents

Music is a kind of auditory art, so the ability to appreciate music in music aesthetic education is indispensable. The way of the music appreciation can enhance medical students' understanding of music and absorb more easily the beautiful feelings expressed in music, but this way is not enough. Educators can learn music by guiding students of medical colleges to understand the life of music creators, while avoiding teaching students with hard-to-understand musical knowledge, and

bluntly highlighting the historical significance of the work and the author's emotional attitude. Educators should also prepare adequate teaching materials, make medical students understand music knowledge and related background knowledge as much as possible, master the characteristics and elements of beauty of music, so as to broaden students' horizons and improve their ability to appreciate music. Teachers should pay attention to the training of aesthetic sense in the process of music aesthetic education. Since music belongs to the course of aesthetic education, students should be trained to have the ability to judge, think and express beauty.

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